# **Hyaluronic Acid and Wound Healing**

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**ABSTRACT - Background.** We developed an experimental model of ethanol-induced dermatotoxicity and hepatocytoxicity using normal human keratinocytes and normal human hepatocytes that preserve inducible cytochrome p450 activities. The original work was described in several articles. The objective of this study was to determine whether hyaluronic acid attenuates skin necrosis, and to further clarify its uses in wound repair in humans, animal models and *in vitro* studies. **Methods.** We performed a systematic review of the literature using the terms "hyaluronic acid" and "wound healing". PubMed was searched for studies published during the period 2010-2014. **Results.** Hyaluronic acid is used in tissue regeneration alone or in combination with herbal or Western medicine. Scaffolds made up of hyaluronic acid were used to embed basic fibroblast growth factor. **Conclusion.** Hyaluronic acid extracts are safe and efficacious products to be used in skin repair.

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#### INTRODUCTION

Hyaluronic acid (HA) is a polysaccharide that belongs to the glycosaminoglycan family and consists of a basic unit of two sugars, glucuronic acid and N-acetyl-glucosamine. HA usually exists as a high molecular mass in the synovial fluid that surrounds joints, cartilage, and tissues of the eye and skin. Previously, our group was able to reduce alcohol-induced fibrogenesis *in vitro* in human normal hepatocytes (1) and to induce *in vitro* healing of human epithelial cells (2) using a preparation of HA obtained from human umbilical cord excision. The present work reviews in depth some of the mechanisms of tissue damage and repair in which HA plays an important role.

#### TISSUE REGENERATION

Recent studies using HA for tissue regeneration are discussed in Table 1. HA has recently been used in several *in vitro* studies (2-5). Our group has used HA jellies at concentrations of 2%, 4% and 8% that were formulated at the Placentary Histotherapy Center in Cuba from residual umbilical cords of human placentas obtained according to the National

Recollection Program. We showed that HA 2% and 4% has a protective dose-dependent effect on skin cells exposed to ethanol. HA protected against ethanol-induced cytotoxicity by a mechanism that involves the prevention of apoptosis, and this is mediated by decreased inflammation. Cells exposed to the same amount of ethanol in the presence of HA 8% were not protected against toxicity. We believe this to be the result of an inability of this highly viscous gel to penetrate into the cells (2). In a separate study, Wu et al. (5) show that high molecular weight (HMW)-HA (1525 kDa) has superior cytoprotective effects compared to low molecular weight (LMW)-HA (127 kDa). HMW-HA 0.3% facilitates cell migration and wound healing (5). HMW-HA also promotes wound healing and cell survival in a rat heart ischemiareperfusion model, while LMW-HA has no protective effects (4). Another recent in vitro study showed that amniotic fluid is associated with reepithelialisation, mediated by the presence of HA

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HA was further used in animal models (6-13). HA was used for its wound healing potential in two full-thickness surgical wound models. facilitated re-epithelialization, led to the formation of soft tissue with good elasticity, and increased microvascular density (6, 7). HA also showed promising results for connective tissue repair in terms of tendon and cartilage repair in two rabbit models (8, 9). Bone repair is further shown in rat and rabbit models (10, 11). Zanchetta et al. (11) found that histological and overall appearance of the healing bone were superior in untreated hole made in the left side of the parietal bone compared to HA-treated hole made in the right side. Better results obtained in the control site could be partly explained by the transport of the treatment components in blood, thereby spreading them evenly and suggesting systemic activity (11).

The use of chitosan-hyaluronan/silk fibroin cardiac patches led to cardiac repair in a rat model of myocardial infarction. Blood vessel-like structures were widely distributed in myocardial infarction regions of the left ventricle in the treatment group, yet were absent under the control condition. This further led to higher secretion of paracrine factors in myocardial infarction regions of the left ventricle in the treatment group compared to control (12). In another rat model, artificial tears containing HA and high potassium ion concentration promoted corneal epithelial wound

healing in a mechanical scraping model but not in an alkali burn model (13).

HA was used in humans in several studies (14-21). The skin re-epithelialization potential of *Avena rhealba* extract® and HA was shown in a small sample of volunteers in which skin lesions were produced with erbium-YAG laser (14). Different gel formulations of HA were used in burn patients (15, 16), and for the treatment of persistent ulcers (17-19). Four cases of upper limb deep wounds treated with HA, bacterial fermented sodium hyaluronate salt (0.2% w/w), and bacterial collagenase obtained from non-pathogenic *Vibrio alginolyticus* are described in a case series. Aside from wound healing, this treatment led to satisfactory aesthetic results, and optimal recovery of the affected limb functionality (22).

In humans, platelet rich plasma and HA were used to treat postoperative wound dehiscence and tendon exposure after surgery in patients with Morton's neuroma, an entrapment neuropathy of the plantar digital nerve (21). Elsewhere, the application of HA-containing gels in early wound healing after scaling and root planting was tested in individuals with chronic periodontitis. HA led to significantly higher reduction in probing depth, as well as the number of pockets with probing depth ≥5 mm, compared to scaling and root planting alone (20).

**Table 1:** Tissue Regeneration Studies

Ref	Study type and Model	Formulation Containing HA and	Efficacy Findings
	Used	the HA Level	, a
2	Human A431 epidermoid skin cells and mouse fibroblasts exposed to ethanol (50 and 100 mM)	HA (2%, 4% and 8%)	HA reduced ethanol-induced cytotoxicity in a dose-dependent manner between 2% and 4%; 8% HA had no effect; HA decreases production of the pro-inflammatory cytokine TNF-α; HA prevented ethanol-induced apoptosis
3	Deep dermal wounds produced <i>in vitro</i> in human skin	Amniotic fluid rich in nutrients, growth factors and HA	Amniotic fluid (50%) led to similar epithelialization as fetal bovine serum (10%); superior epithelialization vs. cell culture media; HA degradation prevented epithelialization
4	Rat cardiomyocyte cell line H9C2 treated with hydrogen peroxide as a heart ischemia-reperfusion model	LMW-HA: low molecular weight HA (100 kDa); HMW-HA: high molecular weight HA (1000 kDa)	HMW-HA (0.3%) modulates cell survival and promotes wound healing; HMW-HA (0.3%) significantly facilitates cell migration via cytoskeletal rearrangement (restores activity of migration-associated cytoskeletal proteins); No effect of LMW-HA
5	Alkali-injured human corneal epithelial cells (HCE-2 cells treated with NaOH)	HMW-HA group: high molecular weight HA (1525 kDa); LMW-HA group: low molecular weight HA (127 kDa)	HMW-HA increased cell viability in dose- dependent manner (24 h incubation after exposure for 1 min to 0.012 N NaOH)

Ref	Study type and Model	Formulation Containing HA and	Efficacy Findings
	Used Full-thickness pieces of	the HA Level HA1 group: porcine acellular dermal	Skin grafts grew well in all groups; HA1 an-
	rabbit skin	matrix + HA (0.3 mL exogenous HA,	HA2: soft with good elasticity; PADM: quit
		about 0.17 mg/cm <sup>2</sup> ) + thin skin auto-	hard with poor elasticity; TS: thin an
		graft; HA2 group: porcine acellular	susceptible to tearing; NS: best elasticity amon
		dermal matrix + HA (0.6 mL exoge-	all the groups; Collagen I and III content on da
		nous HA, about 0.34 mg/cm <sup>2</sup> ) + thin	28: higher in HA1 and HA2 than rest; higher i
		skin autograft; PADM group: porcine acellular dermal matrix + thin skin	HA1 than HA2; Microvascular density at day 14 higher in HA1 and HA2 than other groups
		autograft; TS group: thin skin	higher in HA2 than HA1
		autograft; NS group: normal skin	gv v
	Rabbit superficial digital	NaH group: exogenous sodium	Time-dependent decrease in the diameter of th
	flexor tendon rupture; full	hyaluronate injected subcutaneously	injured tendon: superior in NaH vs. control;
	thickness tendon transection	over the lesion; Control group: saline	Treatment was effective in restoring
	and surgical repair	injection	morphological and biomechanical properties of
	Rabbit knee articular defect	Treatment: bilateral knee	lacerated superficial digital flexor tendon rupture
)	(induced articular cartilage	Treatment: bilateral knee arthrotomies, chondral	Higher potential for healing in the experimenta group, with thicker and more organized repa
	defect)	defects, microfracture + intraarticular	tissue in treatment vs. control
		HA; Control: saline	
0	Anterior wall of the	Rapid-gelling HA hydrogel or	HA preserved neo-ostium opening (prevente
	maxillary sinus removed in	preformed HA hydrogel filled	ostial stenosis); Degree of lymphocyte of
	rabbit 4 mm circumferential	randomly into the right or left sinus; Blank control or Merogel control into	plasmacyte infiltration similar between group Preformed HA hydrogel led to lower acu
	4 mm circumferential wound on both the nasal	the other sinus	inflammation and heterophile infiltration; Rapid
	and the sinus side	the other shitus	gelling HA reduced fibrosis and osteogenesi
			HA hydrogel promoted wound healing
	Full-thickness surgical	EGF dressing: HMW-HA spongy	Substantially facilitate epithelialization,
	wound in rats	sheet (upper layer) + arginine,	granulation tissue formation and angiogenesis
	Full-thickness skin defect in diabetic mice	magnesium ascorbyl phosphate and EGF (lower layer); Control:	rat; EGF dressing superior to EGF-free dressing
	diabetic fince	EGF (lower layer); Control: epidermal growth factor-free dressing	Improved wound condition and decreased woun size, and facilitated epithelialization, granulation
		epideimai growai idetor nee dressing	tissue formation and angiogenesis in mouse
			EGF dressing superior to EGF-free dressing
1	Rat critical size defect	Right hole (treatment): HA, chondro-	Substantial periosteal macroscopic neo
	model (hole made in	itin 6 sulphate, dermatan sulphate and	angiogenesis at both sites
	parietal bone)	2.5% saline solution; Left hole (control): untreated	
2	Myocardial infarction	Treatment group: chitosan-HA/silk	Reduced the dilation of the inner diameter of le
	induced by cryoinjury in rat	fibroin cardiac patches implanted in	ventricle in treatment (p<0.05); Increased wa
		left ventricle; Control group: no	thickness of left ventricle in treatment (p<0.05
		patches	Improved the fractional shortening of le
3	Epithelial defects on the	Artificial tears containing HA (0.3%	ventricle of hearts (p<0.05)  Mechanical scraping model: smaller areas
3	corneas in rat: mechanical	or 0.15%) + high-K ion	fluorescein staining in the eyes in HA + high-
	scraping and alkali burns	concentration; PBS	artificial tears vs. PBS by 36 h; Alkali bu
	1 0	,	model: no significant effect of HA + high-
			artificial tears vs. PBS by 36 h
4	RTC (n=21); skin de-	Group A: Avena rhealba extract® +	Laser wound completely healed after 9 days
	epidermised by Er-YAG	HA; Group B: reference product (panthenol and madecassoside);	groups A and B, 12 days in group C, and 16 day
	laser in healthy volunteers	(panthenol and madecassoside); Group C: reference product	in group D; Healing generally slow between day 1 and 6, faster thereafter; Safety profiles of
		(resveratrol-copper); Group D	treatments were favorable and comparable
		untreated control	•
5	Cohort (n=60); partial	Zinc-HA gel	On average, wound size reduced by 50% by da
	thickness burns (average		5; Full epithelialization in 93.3% of sample b
	3% total body surface area);		day 21; Resolution of pain in 91.7% of samp by day 10; No infections

Table 1: Tissue Regeneration Studies (Cont'd)			
Ref	Study type and Model Used	Formulation Containing HA and the HA Level	Efficacy Findings
18	Cohort (n=40); persistent ulcers	Bionect Start® ointment (collagenase product containing HA)	Relevant reduction of the ulcer size after 5 weeks in 80.0% of sample, and mild or no improvement in 20.0% of sample; Decrease in pain in 50.0% of sample, no pain in 40.0% of sample, and no change in pain intensity in 10.0% of sample; Bacterial infection in wound exudates in 23.3% of sample
16	Cohort (n=30); second- degree skin burns in the phase of re- epithelialization	Topical ozonated oil vs. topical HA gel	Both agents equally effective in reducing symptoms related to skin burns such as erythema, tension, itching and burning sensation; Both agents led to self-reported improved general appearance of skin lesions; Ozonated oil prevented post-lesion hyperpigmentation better than HA
17	RTC (n=89); venous leg ulcers	Topical HA (gauze pad) vs. neutral vehicle control	Percentage of wound size reduction at day 45: 73 ± 4.6% in HA vs. 46 ± 9.6% in control (p=0.011); Number of healed ulcers: 31.1% in HA vs. 9.3% in control at day 45 and 37.8% vs. 16.3% at day 60; Pain intensity based on visual analogue scale lower in HA vs. control; One case of heart attack in HA group and one death not related to therapy
19	RTC (n=124); pressure ulcers	Control: no treatment; 1 × PRGF: one dose of platelet-rich growth factor (n=34); 2 × PRGF: two doses of platelet-rich growth factor (n=25); 2 × PRGF + HA: two doses of platelet-rich growth factor + HA (n=40)	Reduction in ulcer area in all groups at day 36 (mean reduction 48% vs. baseline); higher in all treatment groups vs. control; greatest in 2 × PRGF + HA (mean 80.4% vs. baseline); Complete wound healing: 32.0% in 2 × PRGF (p<0.002) and in 37.5% 2 × PRGF + HA (p<0.004); No infections by day 36
20	RTC (n=34); chronic periodontitis	Test group: scaling and root planting + HA; Control group: scaling and root planting alone	Probing depth and number of pockets with probing depth ≥5 mm reduced in both groups; superior in test vs. control at months 3 and 6; Reduction in <i>Treponema denticola</i> and <i>Campylobacter rectus</i> counts; superior in test vs. control
21	Case series (n=5); wound dehiscence and tendon exposure after Morton's	Platelet rich plasma + 3D polymerised HA-medicated biological dressings containing	Complete wound healing at day 30; Walking regained after an average 2 weeks; No adverse events

Ref: reference number; EGF: epidermal growth factor; HA: hyaluronic acid; HMW: high molecular weight; K: potassium; LMW: low molecular weight; NaH: sodium hyaluronate; NaOH: sodium hydroxide; NS: normal skin; PADM: porcine acellular dermal matrix; PBS: phosphate buffered saline; PRGF: platelet-rich growth factor; Ref: reference; RTC: randomized clinical trial; TNF: tumor necrosis factor; TS: thin skin.

growth factors

### SCAFFOLD FOR WOUND HEALING

neuroma surgery excision

Table 2 describes studies in which HA was used as a component of scaffolds for wound healing. A number of animal studies using wound models assessed the usefulness of HA-based scaffolds (23-30). These scaffolds, made up of various biological components, promote dermis regeneration and wound healing. In one case, dermal/epidermal cell

fractions entrapped directly within the hydrogel accelerated wound healing. Elsewhere, the scaffold was used to embed basic fibroblast growth factor (23-26).

An injectable hydrogel provided an adhesion barrier in a rat model following midline abdominal incision, and facilitated wound healing (27). An HA-based spongy sheet embedded with epidermal growth factor aided wound healing in a rat model with excised portion of the peritoneum (28). Bone formation was achieved in two calvaria defect

models using HA-based scaffolding. In one study, these scaffolds were loaded with growth and differentiation factor 5, which aided new bone formation with increased bone mineral density (29, 30). In a retrospective study, an HA sheet was used as scaffold with or without autologous cultured dermal fibroblasts after the removal of basal cell carcinoma on the face (31). The use of autologous skin grafting on an HA scaffold in patients undergoing surgical scar removal facilitates better integration of the graft into the surrounding tissues, with dermis regeneration (32).

## **CONCLUSION**

HA is commonly used as a therapeutic in a wide range of applications, including osteoarthritis, ophthalmic surgery, cosmetic application and tissue engineering. It may be injected intradermally or it may be used topically. HA extracts are safe and efficacious products to be used in skin repair.

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Table 2. Scaffold for Wound Healing Studies

Ref.	Model Used	Description of HA Scaffold	Efficacy Findings
23	Rat; Full thickness skin wounds	Scaffolds constructed of silk fibroin, chondroitin sulfate and HA	Scaffold containing silk fibroin, chondroitin sulfate and HA led to superior dermis regeneration (smaller wound area), with improved angiogenesis and collagen deposition compared to scaffold lacking collagen; Expression of growth factors was initially superior in the fibroin, chondroitin sulfate and HA group, and decreased with progression of wound healing
24	Rat; Full thickness skin wounds	Treatment: porous scaffold made up of collagen, HA and gelatin; Control: no treatment	Scaffold ameliorates wound healing, decreases neutrophyils infiltrates and thickens newly generated skin; Small wound area in treatment vs. control, with faster healing
27	Rat; Midline abdominal incision	Control: no adhesion barrier; Interceed group: Interceed <sup>TM</sup> absorbable adhesion barrier; HA group: HA alone; mcALG group: mildly cross-linked alginate; HA/mcALG: HA embedded in mildly cross-linked alginate	mcALG and HA/mcALG shielded the injury site, thus preventing peritoneal tissue adhesion and facilitated wound healing
29	Rat; Critical-size calvaria defects	HA: 1.0% HA; HA + ACS: 1.0% HA + absorbable collagen sponge; ACS: absorbable collagen sponge; Control: no treatment	$\rm HA + ACS$ showed superior bone filling potential vs. control (p<0.005) and ACS (p=0.017); HA similar to other treatments
25	Mouse; Full thickness skin wounds	Treatment: human dermal/epidermal cell fractions entrapped directly within a gellan gum/HA spongy-like hydrogel; Control: no treatment	Accelerated wound closure rate, re-epithelialization and neovascularization in treatment vs. control
26	Rabbit; Full thickness skin wounds	Xenogeneic de-cellularized scaffold from pig peritoneum and HA + basic fibroblast growth factor (1 or $3 \mu g/mL$ )	Faster would healing rates and superior dermis regeneration with scaffold, regardless of basic fibroblast growth factor concentration

**Table 2.** Scaffold for Wound Healing Studies (Cont'd)

Ref.	Model Used	Description of HA Scaffold	Efficacy Findings
		•	· c
30	Rabbit; Critical-size calvaria	Treatment: HA hydrogels loaded	More significant new bone formation, larger bone
	defects	with growth and differentiation	formation area, larger bone volume and bone mineral
		factor 5 (0, 10, 100 or 1000 ng/mL	density in treatment conditions with larger GDF-5
		GDF-5);Control: no treatment	concentration
28	Rat (in vitro); Excised portion	Anti-adhesive spongy sheet	Spongy sheet stimulates fibroblasts to release an
	of peritoneum: spongy sheet	composed of HA and collagen +	increased amount of vascular endothelial growth factor
	placed on the peritoneal defect	epidermal growth factor	and hepatocyte growth factor; Spongy sheet facilitated
	in rats	Wound surface model (spongy	wound healing and preventing surgically excised tissue
		sheet on top of fibroblast-	from adhering to surrounding tissue
		incorporating collagen gel sheet)	from danering to surrounding tissue
		Inter-tissue model (spongy sheet	
		between two fibroblast-	
2.1	D ( 20)	incorporating collagen gel sheets)	
31	Retrospective study (n=29);	Tissue-engineered dermis	Re-epithelization occurred progressively from the
	Patients with removal of basal	composed of autologous cultured	periphery to the center of the wound
	cell carcinoma from face	dermal fibroblasts seeded on HA	
		sheet	
32	Fresh wounds from surgical	Hyalomatrix®3D HA scaffolding +	Histological observation and immunohistochemical
	procedure (n=6); Patients with	autologous skin grafting	analysis: integration of graft within the surrounding
	inveterate disabling scar		tissues; Regenerated dermis with extracellular matrix rich
	retraction, with soft tissue		in type I collagen and elastic fibres, and with reduced
	defect resulting from surgical		type III collagen
	scar removal		.) k
	scar removar		

Ref: reference; ACS: absorbable collagen sponge; HA: hyaluronic acid; HMW: high molecular weight; GDF: growth and differentiation factor; LMW: low molecular weight; mcALG: mildly cross-linked alginate

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