

## Role of miR-29 as marker of risk of acute rejection after heart transplant

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### ABSTRACT

**Background:** Circulating miRNAs are potential biomarkers of the pathogenesis of certain diseases and in monitoring therapeutic responses. We hypothesized that serum miR-29 can determine risk of acute cardiac allograft rejection.

**Methods:** Peripheral vein blood was collected from 50 healthy volunteers and 506 patients during post-transplant surveillance. Serum cardiac troponin I (cTnI) and miR-29 was detected by ELISA and qRT-PCR assay respectively. Rejection risk was defined as International Society of Heart and Lung Transplant score from leukocyte infiltration of an endomyocardial biopsy. No evidence of rejection was defined as grade R0, mild as R1, moderate as R2 and severe as R3. Specificity and sensitivity of miR-29 to discriminate rejection was determined by the area under the curve (AUC) of receiver operating characteristic curve analysis. Correlations between miR29 and rejection grade were compared.

**Results:** Serum miR-29 was  $100.8 \pm 42.4$  copies/ $\mu$ l in R0 groups ( $P = 0.164$  versus controls),  $537.5 \pm 84.3$  copies/ $\mu$ l in R1 groups ( $P = 0.024$ ) and  $1478.4 \pm 198.7$  copies/ $\mu$ l in the joint R2/R3 groups ( $P = 0.001$ ). MiR-29 was  $1963.5 \pm 214.7$  six months after transplantation,  $1242.5 \pm 103.8$  after a year,  $825.6 \pm 58.2$  after 2 years,  $413.8 \pm 61.9$  after 3 years and  $270.6 \pm 34.6$  ng/mL after 4 years ( $P < 0.001$ ). The level of miR-29 correlated positively with cTnI, NT-proBNP, white blood cell counts, and negatively with lymphocyte counts (all  $P < 0.001$ ). The AUC values (95% CI) for discriminating R0 and R1 was 0.81 (0.75–0.89), and was 0.79 (0.72–0.86) for R0 and R2/R3 (both  $P < 0.01$ ).

**Conclusion:** miR-29 is a promising predictor of the risk of heart transplant rejection.

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### Introduction

Despite best medical care, up to 30% of heart transplant recipients experience a rejection episode during the first year [1]. Currently, international guidelines recommend that periodic endomyocardial biopsy is the standard method for the surveillance of the risk of acute allograft rejection during the first 6 to 12 months after transplantation, with the potential for annual assessments [2]. This calls for up to 16 repeated endomyocardial biopsies, a process which is clinically dangerous and psychologically troubling. Although the endomyocardial biopsy remains the gold standard for determining the risk of acute rejection surveillance, this invasive technique also suffers from inter-observer variability, high cost, potential clinical complications, and significant patient discomfort [3,4].

Accordingly, there has been considerable effort in improving the ability to predict acute allograft rejection

noninvasively using various biomarkers. Repeated measurement of N-terminal pro-B-type natriuretic peptide (NT-proBNP) or C-reactive protein (CRP) has been reported to be ineffective in predicting acute cellular rejection [5], although high-sensitivity cardiac troponin I (cTnI) showed promising results with a good correlation with acute cellular rejection [6,7]. However, significant overlap of cTnI between groups with or without acute allograft rejection, with poor sensitivity and specificity, in addition to conflicting data of cardiac troponin T (TnT), prevents clinicians from adopting these biomarkers as a full substitute for endomyocardial biopsy [7].

MicroRNAs (miRNAs) are non-coding RNAs of 19–25 nucleotides that recognize complementary MRNAs and inhibit their translation into functional protein via negatively regulating gene expression [8]. It has recently demonstrated that the circulating miRNAs are stable to RNase digestion, repeated freeze-thawing and other

harsh conditions [9]. Under physiological or pathological condition, miRNAs are actively secreted or passively released into blood [10]. As potential biomarkers, miRNAs may be used in the evaluation of several cardiovascular diseases [11–14].

miR-29 is a novel marker associated with metabolic and cardiovascular diseases [15], and is associated with the severity of cardiomyocytes injury [16]. We hypothesized that miR-29 is a non-invasive marker for predicting the risk of acute cardiac allograft rejection.

## Subjects and methods

All patients who underwent a heart transplant from October 2008 to August 2015 were included. From 506 patients (108 cases from Beijing fuwai hospital, 42 cases from the affiliated hospital of Xiamen University, 183 cases from the Wuhan Union hospital and 173 cases from Guangdong General Hospital in the same period), 3544 endomyocardial biopsies were obtained either for clinically suspected rejection, or as a diagnostic tool for cases with allograft dysfunction or as routine surveillance protocol biopsies. 50 healthy subjects were included as a control group. All the patients with an informed consent form agreed to supply their blood samples collected at the time of endomyocardial biopsy for the research. A complete blood screening was performed before all procedures. A total of 1824 stored blood samples of 506 transplant cases were analysed. The study protocol was approved by the Institutional Review Board of our institute. The patients were treated with antiviral prophylaxis and immunosuppression in a standardized post-transplant therapy. Maintenance immunosuppression was tacrolimus-based for all the patients. Information on drug treatments and dosing is described elsewhere [17]. Endomyocardial biopsies were graded according to the International Society for Heart and Lung Transplantation (ISHLT) 2004 revised grading scale (0, 1R, 2R, 3R) [18]. No evidence of cellular rejection (leukocyte infiltration, standard H&E staining) was defined as grade R0, mild as R1, moderate as 2R and severe as 3R. Significant rejection was defined as a rejection grade of  $\geq 2R$  (2R/3R). In routine clinical practice, rejection scores  $\geq 2R$  usually lead to a treatment intervention. All transplant recipients were monitored for acute rejection by surveillance endomyocardial biopsy performed at scheduled intervals after transplant, these being at 2, 4, 6, 12, 24, 36 and 48 months. Biopsies were performed via a right internal jugular vein approach, and 5 to 7 specimens were acquired from the right ventricle each time.

Laboratory procedures were as follows. Six ml venous blood was obtained from the patients investigated at the time of biopsy. Total RNA was isolated from the blood using the mirVana microRNA Isolation Kit (Life

Technology, Grand Island, NY USA). RNA concentrations were read using a Nanodrop 2000 (Thermo Scientific, Shanghai, China). Total RNA was converted into cDNA with the TaqMan MicroRNA Reverse Transcription Kit according to manufacturer's instructions (Life Technology, Shanghai, China). Subsequently, cDNAs were stored at  $-80^{\circ}\text{C}$ .

For the miR-29 studies, a total of 6 ng of total RNA was used to reverse transcribe miR-29 and U6 snRNA control into cDNA following the TaqMan miRNA protocol (Applied Biosystems, Foster City, CA, USA), using hairpin primers directed to miR-29 and U6 snRNA as a control in a thermocycler (GeneAmp PCR System 9700, Applied Biosystems) for 30 min at  $16^{\circ}\text{C}$ , 30 min at  $42^{\circ}\text{C}$ , 5 min at  $85^{\circ}\text{C}$ . Real-time quantitative polymerase chain reaction was then performed using miRNAs specific TaqMan probe assays in a Chromo4 thermal cycler (Bio-Rad Laboratories LTD, Hemel Hempstead, UK). miR-29 specific primer was purchased from Qiagen (Shanghai, China) (forward, AGTGAATGAGGCCTTCGAGA; reverse, GCATCTGAGTCGCCACTGTA). miR-29 expression levels were normalized to U6 snRNA and calculated using the  $2^{-\Delta\Delta\text{Ct}}$  method [19] using commercially available normal colon RNA as a calibrator.

Heparinised plasma samples were stored at  $-80^{\circ}\text{C}$  after centrifugation until analysed. White blood cell (WBC) counts, lymphocyte counts, serum creatinine, CRP and cTnI were measured by standard routine techniques. Serum NT-proBNP levels were determined using the commercially available Elecsys proBNP sandwich, electrochemiluminescence immunoassay on an Elecsys 2010 Analyzer (Roche Diagnostics, Mannheim, Germany). The results are expressed as pg/ml. The lower detection limit was 5 pg/ml, and intra-assay variation was 2.6%.

Statistical methods were as follows: All data are presented as mean with standard deviation (SD) or median and interquartile range. Statistical comparisons between two groups used student's *t*-test or Mann–Whitney. Correlations were tested by Spearman's method. Comparison of receiver operator characteristic (ROC) curves was done by the method of Ruopp et al. [18]. The area under the ROC curve (AUC) identifies optimal sensitivity and specificity levels for predicting risk of rejection. Sensitivity, specificity, accuracy, and positive and negative predictive values (PPV and NPV) of miR-29 in distinguishing acute rejection from non-acute rejection samples were also calculated along with 95% confidence intervals (95% CI). Analysis was performed using SAS v 9.3 (SAS Institute Inc., Cary, USA).  $p < 0.05$  was considered statistically significant.

## Results

Subjects' characteristics were as follows: From the Guangdong Cardiovascular Institute, 520 patients had

1570 visits with paired EMB histopathology and rejection grades. Male patients accounted for 76.8% (389/506) and were 51.6 ( $47.7 \pm 12.6$ ) years old; female patients accounted for 23.2% (117/506) and were with 50.8 ( $46.3 \pm 13.2$ ) years old. The controls were 31 men aged 51.9 (13.1 year and 19 females aged 51.6 (12.9) years] age  $P = 0.584$ , sex  $P = 0.763$ ). Of 3544 biopsies, 41% showed no evidence of cellular rejection (scored grade R0). The mild (grade 1R), moderate (grade 2R) and severe (grade 3R) rejection was seen in 1665 (47%), 218 (6.1%) and 99 (2.8%), respectively. The remainder of 109 (3.1%) contained no myocardial tissue in the harvested biopsy fragments or anatomically or technically not possible. Thus 109 (3.1%) biopsy samples and 14 cases corresponding the samples were excluded from the study. The 3535 biopsy samples and 506 patients were used for further study. No evidence of cellular rejection (scored grade R0) was found in 231/506 (45.6%) of patients. The mild (grade 1R) cellular rejection and moderate to severe acute cellular rejection (grade 2R or 3R) represented 224/506 (44.2%) and 51/506 (10%) of patients, respectively (see Table 1).

One thousand, seven hundred and twenty biopsy samples from 452 patients were harvested at  $\geq 2$ –6 month, whilst 1815 biopsy samples from 406 patients were harvested at  $> 6$  months post-transplantation. Of the 506 patients, no relationship was found between cellular rejection grade and indication for cardiac transplantation, cytomegalovirus serology (IgG) status and the visits occurred prior to time post-transplantation ( $P > 0.05$ , respectively). In the first 6 months post-transplantation, 452 of 506 patients (89.3%) visited our hospital. Of these, 1240 of 1720 (72%) of biopsies [representing 173/452 (38.2%) of patients] suggested mild (grade 1R) cellular rejection; 260/1720 (15.1%) of biopsies [representing 37/452 (8.18%) of patients] indicated moderate to severe acute cellular rejection. Six months post-transplantation, the mild (grade 1R) cellular rejection was 425/1815 (23.4%) [representing 51/406 (12.5%) of

patients]; moderate to severe acute cellular rejection (grade 2R/3R) was 57/1815 (3.14%) [representing 14/406 (3.4%) of patients].

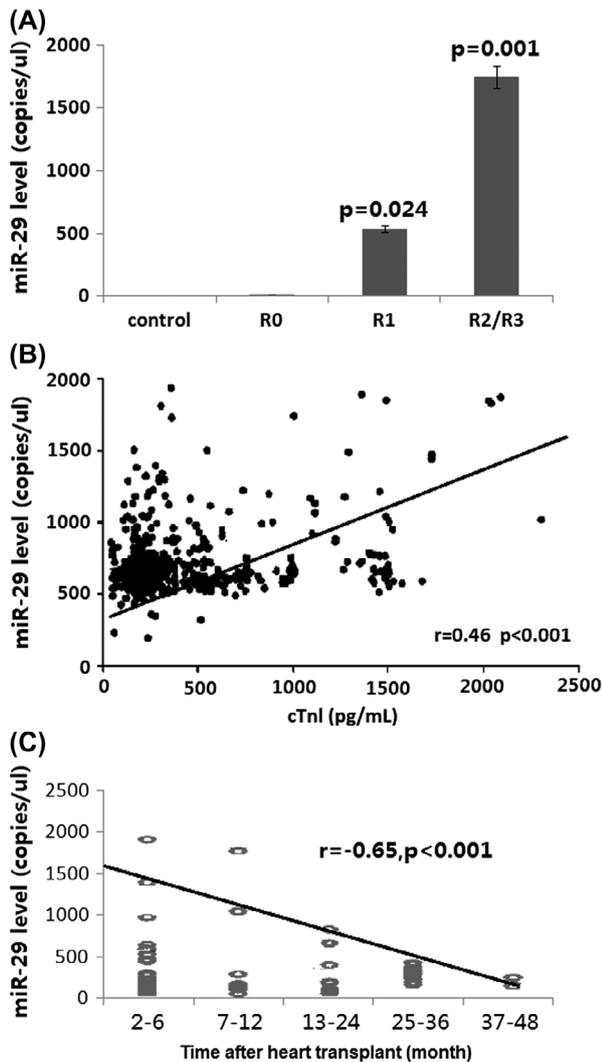
Clinical variables associated with miR-29 after heart transplant were as follows. Serum miR-29 was  $47.6 \pm 28.4$  copies/ $\mu\text{l}$  in 50 healthy controls. Compared to control levels, miR-29 was  $100.8 \pm 42.4$  copies/ $\mu\text{l}$  ( $P = 0.164$ ) in the R0 group,  $537.5 \pm 84.3$  copies/ $\mu\text{l}$  ( $P = 0.024$ ) in the R1 group and  $1478.4 \pm 198.7$  copies/ $\mu\text{l}$  ( $P = 0.001$ ) in the combined R2/R3 group (Figure 1(A)). miR-29 correlated positively with the level of cTnl ( $r = 0.46$ ,  $P < 0.001$ ) (Figure 1(B)) pub NT-proBNP ( $r = 0.64$ ,  $P < 0.001$ ) as well as the WBC counts ( $r = 0.51$ ,  $P < 0.001$ ) and negatively correlated with lymphocyte counts ( $r = -0.46$ ,  $P < 0.001$ ). Serum Creatinine (Cr) level showed weak association with miR-29 ( $r = -0.082$ ,  $P = 0.045$ ). miR-29 showed no statistical correlation with patients' age and CRP level ( $r = 0.046$ ,  $P = 0.627$ ;  $r = 0.163$ ,  $P = 0.194$ , respectively).

miR-29 was measured at specific time points after transplantation in accordance with the predefined biopsy protocol. miR-29 levels at each time points were  $1963.5 \pm 214.73$  after 6 months,  $1242.5 \pm 103.8$  after a year,  $825.6 \pm 58.2$  after 2 years,  $413.8 \pm 61.9$  after three years and  $270.6 \pm 34.6$  copies/ $\mu\text{l}$  after four years ( $P < 0.001$ ). miR-29 was negatively correlated with time after transplantation ( $r = -0.65$ ,  $P < 0.001$ ) (Figure 1(C)). In multiple linear regression analysis, lymphocyte counts, WBC counts, cTnl and NT-proBNP remained as independent variables associated with miR-29 (all  $P < 0.001$ ) with  $R^2$  value of 0.51 of the model ( $P < 0.001$ ).

The miR-29 levels was a significant predictor of acute cellular rejection (2R/3R) in multivariate models ( $r = 0.08$ ,  $P = 0.004$ ). Overall diagnostic accuracy of serum miR-29 is represented by the AUC of the ROC curve. The mean (95%) AUC values for discriminating between healthy control and R0 was 0.54 (0.43–0.67) with sensitivities of 32.1% and specificities of 83.4% (Figure 2(A)). The AUC values for discriminating between R0 and R1 was 0.81 (0.75–0.89) with sensitivities of

**Table 1.** Baseline characteristics of study patients.

| Characteristics   | <i>n</i> = 506 | R0 ( <i>n</i> = 231) | R1 ( <i>n</i> = 224) | R2/R3 ( <i>n</i> = 51) | <i>P</i> -value |
|---|----------------|----------------------|----------------------|------------------------|-----------------|
| Age, years, mean (standard deviation)                   | 51.6 (12.9)    | 50.8 (13.6)          | 48.9 (13.1)          | 47.3 (13.5)            | 0.13            |
| Male sex ( <i>n</i> )                                   | 389            | 223                  | 218                  | 48                     | 0.628           |
| Indication for cardiac transplantation                  |                |                      |                      |                        |                 |
| Coronary artery disease ( <i>n</i> )                    | 190            | 87                   | 91                   | 17                     | 0.873           |
| Non-ischaemic cardiomyopathy ( <i>n</i> )               | 278            | 128                  | 113                  | 29                     | 1.00            |
| Other indications ( <i>n</i> )                          | 38             | 16                   | 20                   | 5                      | 0.794           |
| Study visit occurred prior to time post-transplantation |                |                      |                      |                        |                 |
| $< 6$ months ( <i>n</i> )                               | 452            | 214                  | 201                  | 37                     | 0.571           |
| 6–12 months ( <i>n</i> )                                | 30             | 9                    | 11                   | 7                      | 0.638           |
| 13–24 months ( <i>n</i> )                               | 21             | 7                    | 10                   | 3                      | 0.540           |
| 25–36 months ( <i>n</i> )                               | 2              | 1                    | 2                    | 2                      | 0.384           |
| 37–48 months ( <i>n</i> )                               | 1              | 0                    | 1                    | 2                      | 0.397           |
| Cytomegalovirus serology (IgG) status                   |                |                      |                      |                        |                 |
| Donor and recipient positive ( <i>n</i> )               | 152            | 70                   | 72                   | 15                     | 0.740           |
| Donor and recipient negative ( <i>n</i> )               | 80             | 38                   | 30                   | 8                      | 0.657           |
| Donor positive and recipient negative ( <i>n</i> )      | 83             | 40                   | 34                   | 8                      | 0.519           |
| Donor negative and recipient positive ( <i>n</i> )      | 154            | 73                   | 70                   | 16                     | 0.668           |
| Unknown ( <i>n</i> )                                    | 37             | 20                   | 18                   | 4                      | 0.573           |



**Figure 1.** ROC curves calculated on the serum miR-29. Receiver operating characteristic (ROC) curves are a widely-accepted indicator of diagnostic utility. Measure of accuracy is the corresponding area under the ROC curve, denoted as AUC. It ranges in value from 0.5 (chance) to 1.0 (perfect discrimination).

74.4% and specificities of 42.3% (Figure 2(B)). The AUC values for discriminating between R0 and R2/R3 was 0.79(0.72–0.86) with sensitivities of 79.6% and specificities of 53.8% (Figure 2(C)).

In order to determine whether the serum miR-29 had clinical value risk of rejection, the PPV (positive predictive value), NPV (negative predictive value), and diagnosis efficiency were calculated. The PPV of serum miR-29 to diagnose R0, R1 and R2/R3 was 84.6, 71.8 and 87.4%; The NPV of serum miR-29 to diagnose R0, R1 and R2/R3 was 62.7, 67.5 and 73.4%; the diagnosis efficiency of serum miR-29 was 82.6, 71.8 and 79.4%, respectively.

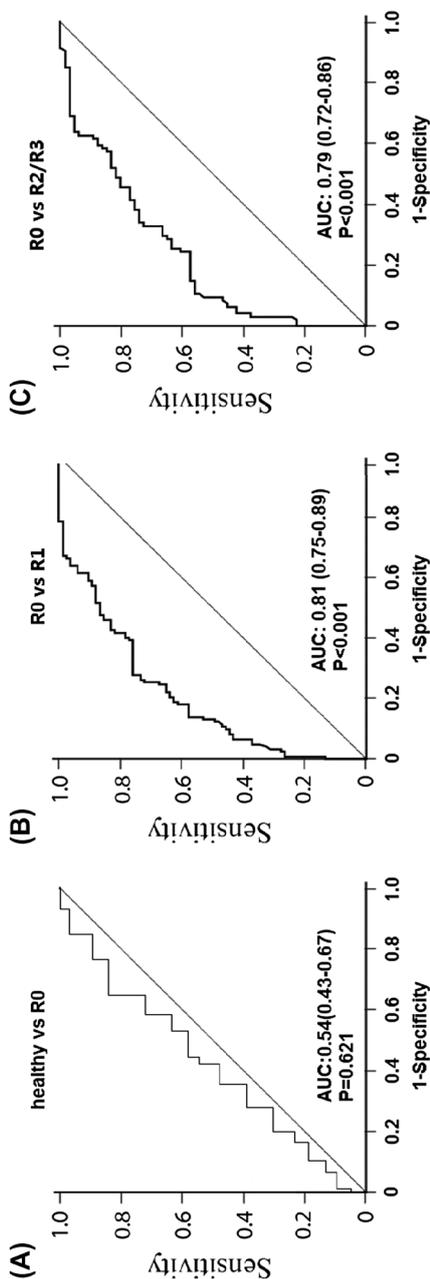
## Discussion

miRNAs are becoming increasingly recognized as potential tools in the biomedical science of cardiovascular [11–14] and other disease [20–25]. Our study shows that the serum miR-29 level after heart transplant correlated

with rejection score, cTnI, NT-proBNP, WBC counts, and negatively correlated with lymphocyte counts and post-transplant months. Detecting allograft rejection after transplantation via noninvasive methods such as biomarkers is highly sought after. Biomarkers such as CRP, NTproBNP, TnT or their combinations could not successfully predict acute allograft rejection [26–28]. High-sensitivity cardiac hs-TnI has been shown to have good relationship with acute allograft rejection, although re-categorized by ISHLT score, significant overlap was shown [29]. In their study, the median value of cTnI was higher in the patients with acute rejection than that of patients without acute rejection, although a statistical difference was not observed. Thus noninvasive testing with cardiac troponin I or T as the current guidelines recommend cannot substitute for endomyocardial biopsy in adult heart transplant recipients. Studies to identify noninvasive rejection biomarkers have increased significantly during the last years. However, new accurate markers than the routine used are still lacking.

miRNAs may impact on lymphocyte development or function and play important roles in transplant immunology. Recent studies revealed that miRNAs might participate in the regulation of the HLA-G gene expression through a putative miRNA binding site at its 3' UTR region [30]. Specific miRNAs could govern expression of genes relevant to allograft rejection, tolerance induction and post-transplant infection [31]. Besides, they were also monitored as biomarkers in organ quality, ischaemia-reperfusion injury, acute rejection, tolerance and chronic allograft dysfunction [32–35]. Ye et al. showed that in rat hearts subjected to ischaemia reperfusion injury, miR-29 antagonists significantly reduced myocardial infarct size and apoptosis. These observations favour the notion that suppression of miR-29 is protective for cardiac tissue in stress conditions such as ischaemia-reperfusion injury [36]. Arnold et al. reported that immunosuppressant rapamycin treatment increased the expression of cardiac miR-29 family miRNAs in ZDF rats [37]. In our study, whether immunosuppressants regulated miR-29 expression and influenced our results need further investigation. Emerging studies suggest that virus-derived miRNAs function to regulate viral and host gene expression specifically to enhance survival of the virus. However, whether CMV affects miR-29 during HT need further investigation.

Our data add to knowledge of miRNAs. Hulsmans et al. reported that the miRNAs in inflammatory microvesicles in association with metabolic and cardiovascular diseases were found to be the let-7 family, miR-17/92 family, miR-21, miR-29, miR-126, miR-133, miR-146 and miR-155 [38]. Wang et al. found that serum microRNA-124 levels were positively related with liver necroinflammation. Furthermore, antiviral therapy decreased serum microRNA-124 levels followed by histological improvement [39]. Huang et al. found serum miR-29 levels to be negatively correlated with liver fibrotic stages and



**Figure 2.** ROC curves calculated on the serum miR-29. Receiver operating characteristic (ROC) curves are a widely-accepted indicator of diagnostic utility. Measure of accuracy is the corresponding area under the ROC curve, denoted as AUC. It ranges in value from 0.5 (chance) to 1.0 (perfect discrimination). A, Healthy vs R0; B, R0 vs R1; C, R0 vs R2/R3.

necroinflammation in patients with chronic HBV infection [40]. The correlation of miR-29 and WBC/lymphocyte counts supports the possible link between inflammation and serum miR-29 levels.

Our observations were based on the retrospective analysis in a single-centre, and not all patients had all consecutive samples taken at each time point, although we present data only where both miR-29 and biopsies were assessed. Lack of pretransplant haemodynamic data was another limitation because of the presence of acute rejection detected by biopsy surveillance. Furthermore, the follow-up duration of the included patients had a limited time duration of 1–2 years after transplantation. Hence, development of overall long term cardiovascular mortality or chronic vasculopathy after transplant cannot be discussed.

In conclusion, we show that serum miR-29 levels are significantly increased after cardiac transplantation, correlate negatively with time after transplant, and positively with the grades of risk of acute rejection. Our study is an advance in biomedical science as it shows that serum miR-29 could be used as a non-invasive marker to predict acute cardiac allograft rejection.

## Summary table

What is known about this subject

- Endomyocardial biopsy is an expensive and invasive procedure for cardiac allograft monitoring.
- miRNAs are freely circulating in human plasma and link with varying pathologies.
- Circulating miR-29 is increased in several cardiovascular diseases.

What this study adds

- Increased levels of circulating miR-29 are present after heart transplantation and reflect increasing risk of rejection.
- miR-29 levels fall in a four-year period after transplantation
- miR-29 is a sensitive predictor of the risk of acute allograft rejection.

## Disclosure statement

No potential conflict of interest was reported by the authors.

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